

**C.A.L. Track and Field Invitational Team Worksheet - Entry Limits In Parenthesis**

**Varsity Boys**

Discus (2)	
Shot Put (3)	
Pole Vault (3)	
High Jump (3)	
Long Jump (2)	
Triple Jump (3)	
4 x 400 Relay (1)	1
	2
	3
	4
4 x 200 Relay (1)	1
	2
	3
	4
4 x 100 Relay (1)	1
	2
	3
	4
110 Hurdles (3)	
3200 m	(5)
1600 m	(5)
800 m	(3)
400 m	(2)
100 m	(2)

**Varsity Girls**

Discus (2)	
Shot Put (3)	
Pole Vault (3)	
High Jump (3)	
Long Jump (2)	
Triple Jump (3)	
4 x 400 Relay (1)	1
	2
	3
	4
4 x 200 Relay (1)	1
	2
	3
	4
4 x 100 Relay (1)	1
	2
	3
	4
100 Hurdles (3)	
3200 m	(5)
1600 m	(5)
800 m	(3)
400 m	(2)
100 m	(2)

**Frosh/Soph Boys**

Discus (2)	
Shot Put (3)	
Pole Vault (3)	
High Jump (3)	
Long Jump (2)	
Triple Jump (3)	
4 x 400 Relay (1)	1
	2
	3
	4
4 x 200 Relay (1)	1
	2
	3
	4
4 x 100 Relay (1)	1
	2
	3
	4
110 Hurdles (3)	
3200 m	(5)
1600 m	(5)
800 m	(3)
400 m	(2)
100 m	(2)